

# UNITY



## UNITY Commitment Declaration

### Together for Inclusion, Equality, and Voice

We are people with and without disabilities.

We are families, supporters, organisations,  
and friends from many countries.

We met to talk about how to make our societies fair  
and inclusive for everyone.

Now, we make this **Unity Commitment:**

a promise to work together for a better,  
more inclusive Europe.

#### 1. We believe in inclusion for everyone.

Every person has the right to live in the community.

No one should be forced to live in an institution.

With the right support,

**everyone can live, learn,  
and take part** in community life.

#### 2. We want good support in the community.

People need support to live independently,

like personal assistants,

help at home, or community services.

Governments should **spend money on support,**  
not on institutions.

Support must fit what each person needs.

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### 3. We want fair work and money rules.

People should not lose their benefits when they start working.

Work should help people be independent, not make life harder.

We ask for laws that are **fair, clear, and supportive.**

### 4. We want inclusive education.

All children should be welcome in their local school.

Schools need to be accessible and have trained teachers and assistants.

Inclusive education helps everyone learn respect, friendship, and equality.

### 5. We want strong self-advocates.

People with disabilities must **speak for themselves.**

People should be part of all decisions about their lives.

Self-advocates have right to training, information, and support to make their voices heard.

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## **6. We stand with families.**

Families are very important.

They need support to help their family grow, learn, and be independent.

We will help parents feel strong and informed, not alone.

People with disabilities also have the right to have their own family life.

People have the right to love, relationships, partners, marriage and children, if they want this.

People with disabilities have the right to receive good advice and support on sexuality and health.

Parents with disabilities should get support to care for their children.

Having a disability cannot be a reason to take away your child.

We will support families with respect, information and good services.

We will also respect the choices of people with disabilities about their own relationships and family life.

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## **7. We want full lives.**

People with intellectual and other disabilities have the right to a full life.

A full life means more than services.

People with disabilities must not be treated like children. People must have information they can understand.

People must get support when they need it. But other people must respect their choices.

We want communities in which people with disabilities can live, love, create, be active and belong.

## **8. We will work together.**

Change happens when we all work together. Self-advocates, families, organisations, decision-makers, supporters, and the media. We will share ideas, tell good stories, and show that inclusion works.

## **9. We will stay connected.**

We will meet again, talk, and keep helping each other. We will tell people what we do, share good examples, and make sure our voices stay strong.

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**UNITY** means staying together,  
learning together,  
and acting together.

## OUR COMMITMENT

We commit to:

- Speak up for inclusion everywhere.
- Support self-advocates to lead.
- Support the right to live in the community.
- Support the right to make decisions.
- Support the right to vote and take part in democracy.
- Support the right to relationships, love and family life.
- Support the right to culture, sport and free time.
- Support families,  
without taking choices away from people with disabilities.
- Keep fighting for equality and respect.
- Never stop until everyone belongs.

**JOIN US**

Sign the commitment here:  Please fill out this form



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